



American Red Cross

Course Schedule

2008

JANUARY-JUNE

Oregon Pacific Chapter
862 Bethel Drive
Eugene, OR 97402
(541) 344-5244 www.oregonpacific.redcross.org

The Oregon Pacific Red Cross Wants You to Know:

“You’ve Got the Power”

Learning basic first aid and CPR/Automated External Defibrillator (AED) can quite possibly mean the difference between life and death for someone suffering from Sudden Cardiac Arrest (SCA) or other medical emergency. The Oregon Pacific Red Cross advises that being able to administer first aid and CPR/AED during the first few minutes of a medical emergency is crucial to the survival and recovery of a victim. Having these skills allows you to become a vital first responder when help is needed.

“The Red Cross wants the public to know that everyone has the power to save a life. At least one person in every household and on every office floor should be trained and certified in first aid and CPR/AED,” says Marianne Ansart, Health and Safety Director of Oregon Pacific Red Cross. “On average, it takes emergency personnel 12 minutes to arrive on scene. For someone who is choking or has stopped breathing that may be too late. By learning simple rescue skills, you can go from a helpless bystander to a person with the ability to take control to help someone during an emergency.”

First aid and CPR/AED are commonly taught to everyday people who may be the only ones able to respond during the crucial first few minutes of an accident or medical emergency. Nearly everyone is capable of learning and becoming certified in first aid and CPR/AED.

Becoming trained and certified in first aid and CPR/AED gives the average person the knowledge and skills essential to lessen the effect of injury or sudden illness and helps sustain life until professional responders arrive.

Each year, roughly one million people in the United States suffer from SCA – almost half will die as a result. Being able to perform CPR or use an AED early on is crucial in preventing brain damage and will greatly increase a victim’s odds for survival.

First aid and CPR/AED can not only be used when SCA strikes, but can also help save victims of drowning, electrocution, accidental poisoning, suffocation and drug overdose.

The most effective way to learn first aid and CPR/AED is to participate in hands-on training courses taught by a certified Red Cross instructor.



While quick-overview videos and courses help you to become familiar with safety training; attending certification courses under the supervision of a qualified instructor is the best way to obtain the skills and confidence needed to successfully perform first aid and CPR/AED. And, in order to remain confident and keep skills current, it is recommended that you attend refresher courses and be re-certified yearly.

The Red Cross offers thorough and flexible training programs, which help you prepare for emergencies and life-threatening situations. Courses are available for administering help to infants, children and adults, as well as, for fulfilling training requirements for workplaces, and for professional rescuers.

To find out how you can have the power to save a life, contact the local district office at the phone numbers on pg. 5 or visit our website at www.oregonpacific.redcross.org for more information on how you can “Be Red Cross Ready”.

Teen Volunteer Opportunities

The First Aid Service Team (FAST) is a youth-led volunteer program sponsored by the Oregon Pacific Chapter of the American Red Cross. Members may teach Health & Safety classes to elementary-aged youth, organize community service projects and provide first aid at local community events.

In addition to giving back to the community, FAST members can earn service hours, gain valuable experience and come away with life-long, marketable skills that look great on college and job applications. FAST is comprised of youth volunteers, ages 14 through 18, and adult supervisors who provide support and guidance to the team. Any young adult interested in helping in the community is encouraged to join.

No prior experience or training is needed to join FAST. The Oregon Pacific Chapter provides necessary training. Call your local Red Cross for more details.

If you want to:	Take this course:	See Page:
Learn CPR, First Aid & AED	First Aid, CPR & AED courses	2-4
Ensure professional responders are trained	CPR/AED for the Professional Rescuer	4-5
Become a babysitter	Babysitter’s Training	5
Become an instructor	Instructor Training	6
Contact the Red Cross		6

First Aid, CPR and Automated External Defibrillator (AED) Courses

Standard First Aid with Adult CPR/AED

This class teaches easy-to-learn emergency procedures that prepare lay responders to act in emergency situations and recognize and care for life-threatening respiratory or cardiac emergencies in adults. Participants will learn the emergency skills necessary to help sustain life, minimize pain, and reduce negative consequences due to injury or sudden illness. **Cost: \$38.00. The first 4 hours of this course is the CPR/AED section. The cost for that section only is \$32.00. The cost for First Aid only is \$30. All students interested in first aid only must have a current CPR certification.**

DAY	DATE	TIME	LOCATION
SAT	JAN 5	9AM - 4PM	CORVALLIS
TUE & THU	JAN 8 & 10	6 - 10PM	CORVALLIS
MON & WED	JAN 21 & 23	6 - 10PM	CORVALLIS
SAT	FEB 2	9AM - 4PM	CORVALLIS
TUE & THU	FEB 5 & 7	6 - 10PM	CORVALLIS
WED	FEB 10	9AM - 4PM	CORVALLIS
SAT	MAR 1	9AM - 4PM	CORVALLIS
SAT	APR 12	9AM - 4PM	CORVALLIS
TUE & THU	APR 22 & 24	6 - 10PM	CORVALLIS
SAT	MAY 10	9AM - 4PM	CORVALLIS
TUE & THU	MAY 13 & 15	6 - 10PM	CORVALLIS
TUE & THU	JUNE 10 & 12	6 - 10PM	CORVALLIS
TUE & THU	JUN 24 & 26	6 - 10PM	CORVALLIS
SAT	JAN 26	9AM - 4PM	LINCOLN CITY
SAT	MAY 24	9AM - 4PM	LINCOLN CITY
FRI	JAN 4	9AM - 4PM	EUGENE
FRI	JAN 11	9AM - 4PM	EUGENE
MON & TUE	JAN 14 & 15	6 - 10PM	EUGENE
FRI	JAN 18	9AM - 4PM	EUGENE
WED	JAN 23	9AM - 4PM	EUGENE
FRI	JAN 25	9AM - 4PM	EUGENE
SAT	JAN 26	9AM - 4PM	EUGENE
FRI	FEB 1	9AM - 4PM	EUGENE
FRI	FEB 8	9AM - 4PM	EUGENE
MON & TUE	FEB 11 & 12	6 - 10PM	EUGENE
FRI	FEB 15	9AM - 4PM	EUGENE
FRI	FEB 22	9AM - 4PM	EUGENE
SAT	FEB 23	9AM - 4PM	EUGENE
WED	FEB 27	9AM - 4PM	EUGENE
FRI	FEB 29	9AM - 4PM	EUGENE
FRI	MAR 7	9AM - 4PM	EUGENE
MON & TUE	MAR 10 & 11	6 - 10PM	EUGENE
FRI	MAR 14	9AM - 4PM	EUGENE
FRI	MAR 21	9AM - 4PM	EUGENE
SAT	MAR 22	9AM - 4PM	EUGENE
WED	MAR 26	9AM - 4PM	EUGENE
FRI	MAR 28	9AM - 4PM	EUGENE
FRI	APR 4	9AM - 4PM	EUGENE
FRI	APR 11	9AM - 4PM	EUGENE
MON & TUE	APR 14 & 15	6 - 10PM	EUGENE
FRI	APR 18	9AM - 4PM	EUGENE
WED	APR 23	9AM - 4PM	EUGENE
FRI	APR 25	9AM - 4PM	EUGENE
SAT	APR 26	9AM - 4PM	EUGENE
FRI	MAY 2	9AM - 4PM	EUGENE
FRI	MAY 9	9AM - 4PM	EUGENE
MON & TUE	MAY 12 & 13	9AM - 4PM	EUGENE
FRI	MAY 16	9AM - 4PM	EUGENE
FRI	MAY 23	9AM - 4PM	EUGENE
SAT	MAY 24	9AM - 4PM	EUGENE
THU	MAY 29	9AM - 4PM	EUGENE
FRI	MAY 30	9AM - 4PM	EUGENE
FRI	JUN 6	9AM - 4PM	EUGENE
MON & TUE	JUN 9 & 10	6 - 10PM	EUGENE
FRI	JUN 13	9AM - 4PM	EUGENE
FRI	JUN 20	9AM - 4PM	EUGENE
WED	JUN 25	9AM - 4PM	EUGENE
FRI	JUN 27	9AM - 4PM	EUGENE
SAT	JUN 28	9AM - 4PM	EUGENE
SAT	JAN 5	9AM - 4PM	ROSEBURG

DAY	DATE	TIME	LOCATION
SAT	JAN 12	9AM - 4PM	ALBANY
TUE & THU	JAN 15 & 17	6 - 10PM	ALBANY
SAT	FEB 9	9AM - 4PM	ALBANY
MON & WED	FEB 11 & 13	9AM - 4PM	ALBANY
TUE & THU	MAR 11 & 13	6 - 10PM	ALBANY
TUE & THUR	APR 8 & 10	6 - 10PM	ALBANY
TUE & THU	APR 22 & 24	6 - 10PM	ALBANY
SAT	APR 26	9AM - 5PM	ALBANY
MON & WED	MAY 5 & 7	6 - 10PM	ALBANY
WED	MAY 21	9AM - 4PM	ALBANY
SAT	MAY 24	9AM - 4PM	ALBANY
TUE & THU	MAY 27 & 29	6 - 10PM	ALBANY
MON & WED	JUN 2 & 4	6 - 10PM	ALBANY
MON & WED	JUN 16 & 18	6 - 10PM	ALBANY
SAT	JUN 21	9AM - 4PM	ALBANY
SAT	JUN 28	9AM - 4PM	ALBANY
WED & THU	JAN 2 & 3	6 - 10PM	COOS BAY
WED & THU	JAN 9 & 10	6 - 10PM	COOS BAY
MON & TUE	JAN 14 & 15	9AM - 12PM	COOS BAY
WED & THU	JAN 16 & 17	6 - 10PM	COOS BAY
WED & THU	JAN 23 & 24	6 - 10PM	COOS BAY
SAT	JAN 26	9AM - 4PM	COOS BAY
WED & THU	JAN 30 & 31	6 - 10PM	COOS BAY
WED & THU	FEB 6 & 7	6 - 10PM	COOS BAY
WED & THU	FEB 13 & 14	6 - 10PM	COOS BAY
WED & THU	FEB 20 & 21	6 - 10PM	COOS BAY
SAT	FEB 23	9AM - 4PM	COOS BAY
WED & THU	FEB 27 & 28	6 - 10PM	COOS BAY
WED & THU	MAR 5 & 6	6 - 10PM	COOS BAY
WED & THU	MAR 12 & 13	6 - 10PM	COOS BAY
WED & THU	MAR 19 & 20	6 - 10PM	COOS BAY
WED & THU	MAR 26 - 27	6 - 10PM	COOS BAY
WED & THU	APR 2 & 3	6 - 10PM	COOS BAY
WED & THU	APR 9 & 10	6 - 10PM	COOS BAY
WED & THU	APR 16 & 17	6 - 10PM	COOS BAY
WED & THU	APR 23 - 24	6 - 10PM	COOS BAY
SAT	APR 26	9AM - 4PM	COOS BAY
WED & THU	APR 30 & MAY 1	6 - 10PM	COOS BAY
WED & THU	MAY 7 & 8	6 - 10PM	COOS BAY
WED & THU	MAY 14 & 15	6 - 10PM	COOS BAY
WED & THU	MAY 21 & 22	6 - 10PM	COOS BAY
SAT	MAY 24	9AM - 4PM	COOS BAY
WED & THU	MAY 28 & 29	6 - 10PM	COOS BAY
WED & THU	JUN 4 & 5	6 - 10PM	COOS BAY
WED & THU	JUN 11 & 12	6 - 10PM	COOS BAY
WED & THU	JUN 18 & 19	6 - 10PM	COOS BAY
WED & THU	JUN 25 & 26	6 - 10PM	COOS BAY
SAT	JUN 28	9AM - 4PM	COOS BAY

SFA with Adult CPR/AED Continued...

DAY	DATE	TIME	LOCATION
MON & TUE	JAN 7 & 8	6 - 10PM	ROSEBURG
MON & TUE	FEB 4 & 5	6 - 10PM	ROSEBURG
WED & THU	FEB 20 & 21	10AM - 2PM	ROSEBURG
SAT	MAR 1	9AM - 4PM	ROSEBURG
MON & TUE	MAR 3 & 4	6 - 10PM	ROSEBURG
MON & TUE	MAR 17 & 18	6 - 10PM	ROSEBURG
MON & TUE	MAR 24 & 25	10AM - 2PM	ROSEBURG
SAT	MAR 29	9AM - 4PM	ROSEBURG
SAT	APR 5	9AM - 4PM	ROSEBURG
MON & TUE	APR 7 & 8	6 - 10 PM	ROSEBURG
MON & WED	APR 21 & 23	10AM - 2PM	ROSEBURG
SAT	MAY 3	9AM - 4PM	ROSEBURG
MON & TUE	MAY 5 & 6	6 - 10PM	ROSEBURG
MON & WED	MAY 19 & 21	10AM - 2PM	ROSEBURG
MON & TUE	JUN 2 & 3	6 - 10PM	ROSEBURG
SAT	JUN 7	9AM - 4PM	ROSEBURG
MON & TUE	JUN 16 & 17	6 - 10PM	ROSEBURG
SAT	JAN 5	9AM - 4PM	NEWPORT
TUE & WED	JAN 8 & 9	6 - 10PM	NEWPORT
SAT	JAN 19	9AM - 4PM	NEWPORT
TUE & WED	JAN 22 & 23	6 - 10PM	NEWPORT
FRI JAN 25	JAN 25	9AM - 4PM	NEWPORT
SAT	FEB 2	9AM - 4PM	NEWPORT
TUE & WED	FEB 12 & 13	6 - 10PM	NEWPORT
SAT	FEB 16	9AM - 4PM	NEWPORT
TUE & WED	FEB 26 & 27	6 - 10PM	NEWPORT
FRI	FEB 29	9AM - 4PM	NEWPORT
SAT	MAR 1	9AM - 4PM	NEWPORT
TUE & WED	MAR 11 & 12	6 - 10PM	NEWPORT
SAT	MAR 15	9AM - 4PM	NEWPORT
TUE & WED	MAR 25 & 26	6 - 10PM	NEWPORT
FRI	MAR 28	9AM - 4PM	NEWPORT
SAT	APR 5	9AM - 4PM	NEWPORT
TUE & WED	APR 8 & 9	6 - 10PM	NEWPORT
SAT	APR 19	9AM - 4PM	NEWPORT
TUE & WED	APR 22 & 23	6 - 10PM	NEWPORT
FRI	APR 25	9AM - 4PM	NEWPORT
SAT	MAY 3	9AM - 4PM	NEWPORT
TUE & WED	MAY 13 & 14	6 - 10PM	NEWPORT
SAT	MAY 17	9AM - 4PM	NEWPORT
SAT	MAY 27 & 28	6 - 10PM	NEWPORT
FRI	MAY 30	9AM - 4PM	NEWPORT
SAT	JUN 7	9AM - 4PM	NEWPORT
TUE & WED	JUN 10 & 11	6 - 10PM	NEWPORT
SAT	JUN 21	9AM - 4PM	NEWPORT
TUE & WED	JUN 24 & 25	6 - 10PM	NEWPORT
FRI	JUN 27	9AM - 4PM	NEWPORT

Standard First Aid with Child CPR/AED & Infant CPR

This class teaches emergency procedures that prepare lay responders to care for life-threatening respiratory or cardiac emergencies in children and infants. Participants will learn the skills necessary to help sustain life, minimize pain, and reduce negative consequences due to injury or sudden illness. The CPR section will be the first 4 hours of this course. The cost for that section only is \$32.00. The cost for First Aid only is \$30. All students interested in first aid only must have a current CPR certification.

DAY	DATE	TIME	LOCATION
SAT	JAN 19	9AM - 4PM	ALBANY

DAY	DATE	TIME	LOCATION
SAT	MAY 10	9AM - 4PM	ALBANY
SAT	AUG 23	9AM - 4PM	ALBANY
SAT	MAR 8	9AM - 4PM	CORVALLIS
SAT	JUN 21	9AM - 4PM	CORVALLIS
SAT	SEP 27	9AM - 4PM	CORVALLIS
SUN	JAN 20	9AM - 4PM	EUGENE
MON & TUE	JAN 28 & 29	6 - 10PM	EUGENE
SUN	FEB 17	9AM - 4PM	EUGENE
MON & TUE	FEB 25 & 26	6 - 10PM	EUGENE
SUN	MAR 16	9AM - 4PM	EUGENE
MON & TUE	MAR 24 & 25	6 - 10PM	EUGENE
SUN	APR 20	9AM - 4PM	EUGENE
MON & TUE	APR 28 & 29	6 - 10PM	EUGENE
SUN	MAY 18	9AM - 4PM	EUGENE
TUE & WED	MAY 27 & 28	6 - 10PM	EUGENE
SUN	JUN 15	9AM - 4PM	EUGENE
MON & TUE	JUN 23 - 24	6 - 10PM	EUGENE
SAT	JAN 12	9AM - 4PM	NEWPORT
SAT	FEB 9	9AM - 4PM	NEWPORT
SAT	MAR 8	9AM - 4PM	NEWPORT
SAT	APR 12	9AM - 4PM	NEWPORT
SAT	MAY 10	9AM - 4PM	NEWPORT
SAT	JUN 14	9AM - 4PM	NEWPORT
SUN	JAN 20	9AM - 4PM	ROSEBURG
SUN	FEB 17	9AM - 4PM	ROSEBURG
SUN	MAR 16	9AM - 4PM	ROSEBURG
SUN	APR 20	9AM - 4PM	ROSEBURG
SUN	MAY 18	9AM - 4PM	ROSEBURG
SUN	JUN 15	9AM - 4PM	ROSEBURG

Community First Aid with Adult/Child CPR/AED & Infant CPR

This class teaches emergency procedures that prepare lay responders to care for life-threatening respiratory or cardiac emergencies in Adults children and infants. Participants will learn the skills necessary to help sustain life, minimize pain, and reduce negative consequences due to injury or sudden illness. Cost: \$45.00. The CPR section will be the first 4.5 hours of this course. The cost for that section only is \$40.00. The cost for First Aid only is \$30. All students interested in first aid only must have a current CPR certification.

DAY	DATE	TIME	LOCATION
SAT	JAN 12	9AM - 5PM	COOSBAY
SAT	FEB 2	9AM - 5PM	COOSBAY
SAT	MAR 8	9AM - 5PM	COOSBAY
SAT	MAR 29	9AM - 5PM	COOSBAY
SAT	APR 19	9AM - 5PM	COOSBAY
SAT	MAY 17	9AM - 5PM	COOSBAY
SAT	JUN 14	9AM - 5PM	COOSBAY
SAT	JAN 19	9AM - 5PM	EUGENE
SAT	FEB 16	9AM - 5PM	EUGENE
SAT	MAR 15	9AM - 5PM	EUGENE
SAT	APR 19	9AM - 5PM	EUGENE
SAT	MAY 17	9AM - 5PM	EUGENE
SAT	JUN 21	9AM - 5PM	EUGENE
SAT	JAN 19	9AM - 5PM	ROSEBURG
SAT	FEB 16	9AM - 5PM	ROSEBURG
SAT	APR 19	9AM - 5PM	ROSEBURG
SAT	MAY 17	9AM - 5PM	ROSEBURG
SAT	JUN 21	9AM - 5PM	ROSEBURG

Clase de Primeros Auxilios y CPR de Infantes, Niños, y Adultos

Esta clase enseña los procedimientos que preparan a las personas responder a y tratar con las emergencias respiratorias y cardíacas en infantes, niños, y adultos. Los participantes aprenderán las destrezas necesarias para sustener la vida, aminorar el dolor, y reducir las consecuencias negativas que resultan de las heridas y las enfermedades repentinas. **Costo: \$45.** El costo de solamente la sección de CPR es \$40. El costo de solamente los Primeros Auxilios es \$30. Para tomar la sección de Primeros Auxilios nada más, los participantes deben tener la certificación actual de CPR.

DAY	DATE	TIME	LOCATION
SAT	JAN 19	9AM - 5PM	EUGENE
SAT	APR 19	9AM - 5PM	EUGENE
SAT	FEB 23	9AM - 5PM	LINCOLN CITY
SAT	JUN 28	9AM - 5PM	LINCOLN CITY
SAT	MAR 22	9AM - 5PM	NEWPORT
SAT	MAY 24	9AM - 5PM	NEWPORT

Standard First Aid/Bloodborne Pathogens: Preventing Disease Transmission

Participants will learn the emergency skills necessary to help sustain life, minimize pain and reduce negative consequences. In the Bloodborne Pathogens section, students learn how bloodborne pathogens spread, how to prevent exposures and more. **Cost: \$40.00.**

DAY	DATE	TIME	LOCATION
THU	JAN 24	9AM - 1PM	EUGENE
THU	FEB 28	9AM - 1PM	EUGENE
THU	FEB 27	9AM - 1PM	EUGENE
THU	APR 24	9AM - 1PM	EUGENE
THU	MAY 22	9AM - 1PM	EUGENE
THU	JUN 25	9AM - 1PM	EUGENE
THU	JAN 17	6 - 10PM	ROSEBURG
THU	APR 10	6 - 10PM	ROSEBURG
THU	JUN 26	6 - 10PM	ROSEBURG

Review Courses

Adult CPR/AED Review

This course is the perfect opportunity to be recertified for CPR in half the time before your current certification expires. Participants must have a current Red Cross CPR certification to take the review course. **Cost: \$25.**

DAY	DATE	TIME	LOCATION
WED	MAR 12	6 - 8:30PM	ALBANY
WED	SEPT 24	6 - 8:30PM	ALBANY
TUE	JAN 8	6 - 8:30PM	COOSBAY
TUE	JAN 22	10AM - 12:30PM	COOSBAY
TUE	FEB 5	6 - 8:30PM	COOSBAY
TUE	FEB 19	9 - 11:30AM	COOSBAY
TUE	MAR 4	6 - 8:30PM	COOSBAY
TUE	MAR 18	9 - 11:30AM	COOSBAY
TUE	APR 1	6 - 8:30PM	COOSBAY
TUE	APR 15	9 - 11:30AM	COOSBAY
TUE	APR 29	6 - 8:30PM	COOSBAY
TUE	MAY 13	9 - 11:30AM	COOSBAY
TUE	MAY 27	6 - 8:30PM	COOSBAY
TUE	JUN 10	10AM - 12:30PM	COOSBAY

DAY	DATE	TIME	LOCATION
TUE	JUN 24	6 - 8:30PM	COOSBAY
TUE	JAN 22	6 - 8:30PM	CORVALLIS
WED	JUN 25	6 - 8:30PM	CORVALLIS
TUE	AUG 12	6 - 8:30PM	CORVALLIS
WED	JAN 9	9 - 11:30AM	EUGENE
TUE	JAN 22	6 - 8:30PM	EUGENE
WED	FEB 13	9 - 11:30AM	EUGENE
TUE	FEB 19	6 - 8:30AM	EUGENE
WED	MAR 12	9 - 11:30AM	EUGENE
MON	MAR 17	6 - 8:30PM	EUGENE
WED	APR 9	9 - 11:30AM	EUGENE
MON	APR 21	6 - 8:30PM	EUGENE
WED	MAY 14	9 - 11:30AM	EUGENE
MON	MAY 19	6 - 8:30PM	EUGENE
WED	JUN 11	9 - 11:30AM	EUGENE
MON	JUN 16	6 - 8:30PM	EUGENE
TUE	JAN 15	6 - 8:30PM	ROSEBURG
MON	FEB 11	6 - 8:30PM	ROSEBURG
MON	MAR 10	6 - 8:30PM	ROSEBURG
MON	APR 14	6 - 8:30PM	ROSEBURG
MON	MAY 12	6 - 8:30PM	ROSEBURG
MON	JUN 9	6 - 8:30PM	ROSEBURG
WED	JUN 25	10AM - 12:30PM	ROSEBURG

Child CPR/AED & Infant CPR Review

If your infant and child CPR certification is close to its expiration date, now is the time to take a review course and recertify. Participants must have a current Red Cross CPR certification to take the review course. **Cost: \$25.**

DAY	DATE	TIME	LOCATION
MON	JAN 7	6 - 8:30PM	EUGENE
MON	FEB 4	6 - 8:30PM	EUGENE
MON	MAR 3	6 - 8:30PM	EUGENE
MON	APR 7	6 - 8:30PM	EUGENE
MON	MAY 5	6 - 8:30PM	EUGENE
MON	JUN 2	6 - 8:30PM	EUGENE
WED	JAN 16	6 - 8:30PM	ROSEBURG
TUE	FEB 12	6 - 8:30PM	ROSEBURG
THU	MAR 13	6 - 8:30PM	ROSEBURG
THU	APR 17	6 - 8:30PM	ROSEBURG
THU	MAY 15	6 - 8:30PM	ROSEBURG
THU	JUN 12	6 - 8:30PM	ROSEBURG
WED	JAN 7	12:30 - 3PM	NEWPORT
WED	FEB 6	12:30 - 3PM	NEWPORT
WED	MAR 5	12:30 - 3PM	NEWPORT
WED	APR 2	12:30 - 3PM	NEWPORT
WED	MAY 7	12:30 - 3PM	NEWPORT
WED	JUN 4	12:30 - 3PM	NEWPORT

Community Adult/Child CPR/AED & Infant CPR Review

If your infant and child CPR certification is close to its expiration date, now is the time to take a review course and recertify. Participants must have a current Red Cross CPR certification to take the review course. **Cost: \$30.**

DAY	DATE	TIME	LOCATION
FRI	MAR 21	10AM - 1PM	ROSEBURG
THU	MAY 29	6 - 9PM	ROSEBURG

Courses for Professional Rescuers

CPR/AED for the Professional Rescuer

This class covers Adult/Child AED & CPR and Infant CPR; two-person CPR; use of a bag-valve mask; and introduction to Emergency Medical Services and bloodborne pathogens. This course meets Level C CPR requirements. It is the pre-requisite for most nursing and EMT programs. Included in the class fee is a breathing barrier (seal easy or pocket mask) used by professional caregivers. **Cost: \$55.00.**

DAY	DATE	TIME	LOCATION
SAT	APR 12	8AM - 4PM	ALBANY
SAT	AUG 23	8AM - 4PM	ALBANY
SAT	SEPT 27	8AM - 4PM	ALBANY
SAT	JAN 19	9AM - 5PM	COOSBAY
SAT	FEB 9	9AM - 5PM	COOSBAY
SAT	MAR 1	9AM - 5PM	COOSBAY
SAT	APR 5	9AM - 5PM	COOSBAY
SAT	MAY 10	9AM - 5PM	COOSBAY
SAT	JUN 7	9AM - 5PM	COOSBAY
SAT	FEB 16	8AM - 4PM	CORVALLIS
SAT	JUN 28	8AM - 4PM	CORVALLIS
SAT	JAN 5	9AM - 5PM	EUGENE
SAT	FEB 2	9AM - 5PM	EUGENE
SAT	MAR 1	9AM - 5PM	EUGENE
SAT	APR 5	9AM - 5PM	EUGENE
SAT	MAY 3	9AM - 5PM	EUGENE
SAT	JUN 7	9AM - 5PM	EUGENE
SAT	JAN 26	9AM - 5PM	ROSEBURG
SAT	FEB 23	9AM - 5PM	ROSEBURG
SAT	MAR 22	9AM - 5PM	ROSEBURG
SAT	APR 26	9AM - 5PM	ROSEBURG
SAT	MAY 31	9AM - 5PM	ROSEBURG
SAT	JUN 28	9AM - 5PM	ROSEBURG

CPR/AED for the Professional Rescuer Review

This class is an opportunity to be recertified in CPR/AED for the Professional Rescuer without taking the full class, before your certification expires. Participants must have a current Red Cross Professional Rescuer certification to take the review course. **Cost: \$40.00.**

DAY	DATE	TIME	LOCATION
WED	JAN 16	6 - 10PM	EUGENE
WED	FEB 20	9AM - 1PM	EUGENE
WED	MAR 19	6 - 10PM	EUGENE
WED	APR 16	9AM - 1PM	EUGENE
WED	MAY 21	6 - 10PM	EUGENE
WED	JUN 18	9AM - 1PM	EUGENE
THU	FEB 7	6 - 10PM	ROSEBURG
THU	MAR 6	6 - 10PM	ROSEBURG
THU	MAY 8	6 - 10PM	ROSEBURG

Youth Training

Babysitter's Training has been reviewed and supported by the U.S. Consumer Product Safety Commission, Girl Scouts of the U.S.A., Boy Scouts of America, YMCA of the U.S.A., Boys and Girls Clubs, JCC Association and 4-H.

Babysitter's Training

Designed for today's 11- to 15-year-old, Babysitter's Training is a **seven-hour** course that gives participants the skills and confidence necessary to care for infants and children. Babysitter's Training addresses safety issues, preventing injuries and illnesses, basic child care, first aid, decision-making skills, and age-appropriate behavior and play. Participants receive a reference handbook and, upon successful completion of the class, a certification card. **Cost: \$35 at Red Cross offices, cost may vary at other locations. To schedule a class at Sheldon Community Center call 682-8837; for River Road Parks and Rec call 688-4052; For Willamalane call 736-4502.**



DAY	DATE	TIME	LOCATION
TBA	TBA	TBA	ALBANY
TBA	TBA	TBA	CORVALLIS
SAT	JAN 5	9AM - 4PM	COOSBAY
SAT	JAN 12	9AM - 4PM	SHELDON
SAT	JAN 12	9AM - 4PM	ROSEBURG
SAT	JAN 19	9AM - 4PM	RIVER ROAD
SAT	JAN 28	9AM - 4PM	WALDPORT
SAT	FEB 9	9AM - 4PM	SHELDON
SAT	FEB 9	9AM - 4PM	ROSEBURG
SAT	FEB 16	9AM - 4PM	COOSBAY
SAT	FEB 18	9AM - 4PM	NEWPORT
SAT	FEB 23	9AM - 3PM	WILLAMALANE
SAT	FEB 23	9AM - 4PM	RIVER ROAD
SAT	MAR 8	9AM - 4PM	SHELDON
SAT	MAR 8	9AM - 4PM	ROSEBURG
SAT	MAR 15	9AM - 4PM	COOSBAY
SAT	MAR 29	9AM - 4PM	EDDYVILLE
SAT	MAR 22	9AM - 4PM	LINCOLN CITY
SAT	MAR 27	9AM - 4PM	ROSEBURG
SAT	APR 12	9AM - 4PM	SHELDON
SAT	APR 12	9AM - 4PM	COOSBAY
SAT	APR 26	9AM - 4PM	TOLEDO
SAT	MAY 3	9AM - 4PM	COOSBAY
SAT	MAY 10	9AM - 4PM	SHELDON
SAT	MAY 10	9AM - 4PM	ROSEBURG
SAT	MAY 10	9AM - 4PM	WILLAMALANE
SAT	MAY 31	9AM - 4PM	YACHATS
SAT	JUN 14	9AM - 4PM	SHELDON
SAT	JUN 14	9AM - 4PM	ROSEBURG
SAT	JUN 20	9AM - 4PM	NEWPORT
SAT	JUN 21	9AM - 4PM	COOSBAY
SAT	JUN 23	9AM - 4PM	ROSEBURG

Basic Aid Training

This beginning first aid and safety class is for youths age 10 and up. Youth learn how to care for bleeding, burns, broken bones and shock. The class also includes rescue breathing and choking emergencies information, as well as water safety, avoiding drugs and personal safety. Students receive a certificate of participation, an activity book and a poster to take with them. **Cost: \$20.**



DAY	DATE	TIME	LOCATION
THU	JAN 3	9AM - 4PM	EUGENE
THU	MAR 27	9AM - 4PM	EUGENE
MON	JUN 23	9AM - 4PM	EUGENE



Super Safety & Whales Tales

Super Safety is an education program for elementary school-aged children that teaches personal safety skills and emergency preparedness. Children prepare for being home alone, handling emergency phone calls and phone safety, how to answer the door, fire safety, handling peer pressure and constructive use of leisure time. Whale Tales is used to teach children about safe behavior in and around water. Whale Tales uses an activity-based format to make water safety fun and easy to learn. **Cost: \$10.**

DAY	DATE	TIME	LOCATION
WED.....	JUN 25	9AM - 12PM	EUGENE

Instructor Courses

First Aid and CPR for the Lay Responder Instructor

This course is for anyone who wants to teach Red Cross First Aid and CPR courses. The candidates will be trained as instructors in basic-level American Red Cross First Aid, CPR and AED courses. **Cost: \$200.00. Candidates must attend all class sessions. Contact your local office for complete class information and application packet. Scholarships are available for students interested in teaching classes on a volunteer basis for the chapter. Prerequisites: Must be at least 16 years-old and able to demonstrate CPR and First Aid knowledge and skills.**

DAY	DATE	TIME	LOCATION
THU & FRI	JAN 17 & 18	8AM - 5PM	EUGENE
FRI - SUN	JAN 18 - 20...6	10PM, 9AM - 5PM	NEWPORT
THU & FRI	MAR 13 & 14	8AM - 5PM	EUGENE
THU & FRI	APR 17 & 18	9AM - 6PM	ROSEBURG
THU & FRI	MAY 22 & 23	8AM - 5PM	EUGENE
FRI - SUN....	MAY 30 - JUN 1....	6 - 10PM, 9AM - 5PM	COOSBAY

CPR for the Professional Rescuer Instructor Bridging

This course is for anyone who wants to be an American Red Cross CPR/AED for the Professional Rescuer instructor and is already a Lay Responder instructor. The candidates will be bridged as instructors in CPR/AED for the Professional Rescuer plus Oxygen Administration. **Cost: \$50.00. Candidates must attend the complete class session. Contact your local office for complete class information and application packet. Prerequisites: Must hold a current Lay Responder Instructor & CPR PR certification.**

DAY	DATE	TIME	LOCATION
FRI	JAN 11	9AM - 1PM	EUGENE

Want to Register Online? Go to :
www.oregonpacific.redcross.org

**GET A GREAT DEAL
 GET RECERTIFIED
 SAVE A LIFE**

**Take \$5.00 Off
 First Aid/CPR Class**

The Oregon Pacific Chapter of the American Red Cross wants to help you update your First Aid and CPR Certification. Bring in your expiring card from another certifying agency and we will give you a one-time \$5 discount on any one First Aid or CPR class offered by the Oregon Pacific Chapter.

Offer good only at Oregon Pacific Chapter of the American Red Cross locations. Please present coupon upon registering for course. Coupons cannot be used for online registration. Offer expires June 30, 2008.

Lifeguard Instructor

This course is to train instructor candidates to teach Lifeguard Training (including First Aid), CPR for the Professional Rescuer, Lifeguard Management, AED Essentials, Oxygen Administration for the Professional Rescuer, Preventing Disease Transmission, Community Water Safety and Basic Water Rescue. The training prepares instructor candidates by developing their understanding of how to use the course materials and methods, how to conduct training sessions and how to evaluate participants' progress. **Cost: \$250.00. Candidates must attend the complete class sessions. Contact your local office for complete class information and application packet. Prerequisites: Must hold a current lifeguard certificate, be at least 17 years of age by the last scheduled session; pass each section of the pre-course written exam with a score of 80 percent and demonstrate competency in the skills evaluation.**

DAY	DATE	TIME	LOCATION
THU - SAT	FEB 14 - 16.....	8AM - 5PM	EUGENE



Contacting the Red Cross

**OREGON PACIFIC CHAPTER
 HEADQUARTERS**
 862 Bethel Drive
 Eugene, Oregon 97402
 (541) 344-5244 - Voice/TDD
 (541) 345-4806 - Fax

LINCOLN COUNTY
 P.O. Box 1276
 308 SW Coast Highway
 Newport, OR 97365
 (541) 265-7182 - Voice
 (541) 265-3689 - Fax

**LINN & BENTON
 COUNTIES**
 3388 Pacific Blvd. SW
 Albany, OR 97321
 (541) 926-1543 - Voice
 (541) 967-6887 - Fax

**COOS & CURRY
 COUNTIES**
 P.O. Box 1175
 1165 "D" Newmark Ave.
 Coos Bay, OR 97420
 (541) 888-6238 - Voice
 (541) 888-0372 - Fax

DOUGLAS COUNTY
 870 NE Alameda Ave.
 Roseburg, OR 97470
 (541) 673-3255 - Voice
 (541) 672-7639 - Fax



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